

# Green Resources

## Global Warming and Climate Change

Intergovernmental Panel on Climate Change: <http://www.ipcc.ch>

Environmental Protection Agency: [www.epa.gov](http://www.epa.gov)

Union of Concerned Scientists: [www.ucsusa.org](http://www.ucsusa.org)

An Inconvenient Truth: [www.climatecrisis.net](http://www.climatecrisis.net)

## Health and the Environment

Environmental Working Group: [www.ewg.org](http://www.ewg.org)

Collaborative on Health and the Environment: [www.healthandenvironment.org](http://www.healthandenvironment.org);

[www.womenshealthandenvironment.org](http://www.womenshealthandenvironment.org)

## Home Energy Efficiency

Free Home Energy Audit:

Keyspan/National Grid (They use Conservation Services Group):

[homeimprovement@csgroup.com](mailto:homeimprovement@csgroup.com); 40 Washington Street, Westborough, MA; 1-800-860-0815. To see contractors for other MA utilities/energy service providers:

[www.masssave.com/about/contact.php](http://www.masssave.com/about/contact.php)

Info on Appliances: [www.energystar.gov](http://www.energystar.gov)

Appliance rebates/discounts: [www.myenergystar.com](http://www.myenergystar.com)

Compact Fluorescent Light Bulbs (CFL):

[http://www.energystar.gov/index.cfm?c=cfls.pr\\_cfls](http://www.energystar.gov/index.cfm?c=cfls.pr_cfls)

Rebates and Incentives (on furnaces, water heaters, weatherization, windows, thermostats, etc.): [www.MassSAVE.com](http://www.MassSAVE.com)

Database of State Incentives for Renewables and Efficiency: [www.dsireusa.org](http://www.dsireusa.org)

## Home Flow Efficiency:

MWRA's Operation WaterSense Program:

[www.mwra.state.ma.us/04water/html/watsense.htm](http://www.mwra.state.ma.us/04water/html/watsense.htm) (Get a free water saver kit!)

MWRA Water Efficient Appliances and Fixtures:

[www.mwra.com/04water/html/lctoilet.htm](http://www.mwra.com/04water/html/lctoilet.htm)

## **Green Energy**

Support Green Energy through Mass Energy (Executive Director is Larry Chretien):  
[www.massenergy.com](http://www.massenergy.com); 617-333-3950

Install Solar Panels or Wind Turbine:

Green Source Supply and Design: [www.greensourcesupply.net](http://www.greensourcesupply.net); 530 West St, Braintree, MA; 781-843-6530

Alternate Energy: [www.dcsolar.net](http://www.dcsolar.net); 30 Industrial Park Rd, Plymouth, MA; 508-746-0777

Rebates and Incentives:

State and Federal: <http://www.dsireusa.org>

Massachusetts Technology Collaborative (solar photovoltaic, wind, and small hydro):

[www.masstech.org/renewableenergy/small\\_renewables.htm](http://www.masstech.org/renewableenergy/small_renewables.htm)

Keyspan/National Grid (solar thermal):

<http://dsireusa.org/library/includes/tabsrch.cfm?state=RI&type=Rebate&back=fintab&Sector=U&CurrentPageID=7&EE=1&RE=1>

## **Green Building**

Green Source Supply and Design: [www.greensourcesupply.net](http://www.greensourcesupply.net); 530 West St, Braintree, MA; 781-843-6530

NEXUS Green Building Resource Center: [www.nexusboston.com](http://www.nexusboston.com); 38 Chauncy St, 7th Floor, Boston, MA ; 617-374-3740

Product and Service Directory/Customer Ratings: <http://www.rateitgreen.com>

## **Food**

Quincy Farmers' Market: <http://quincyfarmersmarket.com/default.aspx>

Organic Consumers Association: [www.organicconsumers.org](http://www.organicconsumers.org)

Northeast Organic Farming Association (MA Chapter):

<http://www.nofamass.org/index.php>

Community Supported Agriculture: <http://www.nofamass.org/programs/csa.php>

Vegetarian Resource Group: [www.vrg.org](http://www.vrg.org)

Waste Free Lunches: [www.wastefreelunches.org](http://www.wastefreelunches.org); [www.wrap-n-mat.com](http://www.wrap-n-mat.com);

<http://www.reusablebags.com>

## **Green Cleaning**

Many products available at Good Health Natural Foods

(<http://www.goodhealthnaturalfood.com>; 1627 Hancock St, Quincy, MA; 617-773-4925)

and most supermarkets. Examples include Seventh Generation

([www.seventhgeneration.com](http://www.seventhgeneration.com)) and Sun and Earth ([www.sunandearth.com](http://www.sunandearth.com)).

*Green This* by Deidre Imus

## **Cosmetics**

Campaign for Safe Cosmetics: [www.safecosmetics.org](http://www.safecosmetics.org)  
Environmental Working Group: <http://www.ewg.org>

## **Gardening and Landscaping**

Organic Gardening: [www.organicgardening.com](http://www.organicgardening.com)  
Northeast Organic Farming Association (MA Chapter):  
<http://www.nofamass.org/index.php>  
Compost Bins: Quincy DPW 617-376-1957 (only \$35—that's 75% off)  
Rain Barrels: [www.cityofbremerton.com/content/sw\\_makeyourownrainbarrel.html](http://www.cityofbremerton.com/content/sw_makeyourownrainbarrel.html) (make your own); <http://rainbarrelguide.com> (guide); call around to area garden centers to check availability.  
Plant at Tree: [www.arboday.org](http://www.arboday.org); <http://www.plant-trees.org>

## **Consumerism/Shopping:**

Co-op America: [www.coopamerica.com](http://www.coopamerica.com); [www.responsible shopper.org](http://www.responsible shopper.org)  
Reusable Bags: [www.reusablebags.com](http://www.reusablebags.com); [www.1bagatatime.com](http://www.1bagatatime.com);  
[www.earthwisebags.com](http://www.earthwisebags.com)  
To reduce catalog mailings: [www.catalogchoice.org](http://www.catalogchoice.org)  
Watch this video: <http://storyofstuff.com/index.html>  
To give your stuff away or get free stuff: [www.freecycle.org](http://www.freecycle.org)

## **Recycling**

MA prohibits the disposal of the following items: paper and cardboard; leaves and yard waste; TVs and computers; bottles and cans; car batteries; and large home appliances. Keep these out of your trash. TVs, computers, monitors, washers, dryers, microwaves, hot water heaters, stoves, refrigerators, and air conditioners can be left at the curbside after calling BFI (617-471-7900). For other recycling/disposal questions call 617-376-1953.

Recycling Bins: Quincy DPW 617 376-1953  
Recycling Info: <http://earth911.org>; [www.massrecycle.org](http://www.massrecycle.org)

## **Alternative Green Homes**

Small House Society: <http://resourcesforlife.com/groups/smallhousesociety>  
Co-Housing Projects in Boston Area: [www.jpcohousing.org](http://www.jpcohousing.org); [www.ecodevelopments.com](http://www.ecodevelopments.com);  
[www.cambridgecohousing.org](http://www.cambridgecohousing.org); [www.cornerstonecohousing.org](http://www.cornerstonecohousing.org)  
Zero Emissions Community Living: To learn more contact Jim Shipskey (Ecological Design, Architecture, Planning, Building); [jimshipsky@verizon.net](mailto:jimshipsky@verizon.net).  
For "Snowbirds" in AZ: [www.arcosanti.org](http://www.arcosanti.org)

## **Socially Responsible Investing**

[www.sustainablebusiness.com](http://www.sustainablebusiness.com)  
[www.socialinvest.org](http://www.socialinvest.org)  
[www.morningstar.com](http://www.morningstar.com)

## **Greening Your House of Worship**

Mass Interfaith Power and Light: [www.mipandl.org](http://www.mipandl.org); 800-406-5374

## **Low Carbon Diet Climate Change Program**

A 30-Day Program to Lose 5000 Pounds of Carbon (for individuals or groups)

Empowerment Institute: [www.empowermentinstitute.net](http://www.empowermentinstitute.net)

## **Carbon Offsets**

Several organizations have created ways to help you offset your CO2 emissions by directly supporting the reduction of CO2 in other parts of our country and the world. Some suggested sites are: [www.carbonfund.org](http://www.carbonfund.org); [www.greentagusa.org](http://www.greentagusa.org); [www.green-e.org](http://www.green-e.org); [www.climatetrust.org](http://www.climatetrust.org); [www.nativeenergy.com](http://www.nativeenergy.com); [www.americanforests.org](http://www.americanforests.org); [www.renewablechoice.com](http://www.renewablechoice.com)

Whenever you travel by air, purchase carbon offsets to compensate for the emissions associated with air travel at [www.betterworld.com](http://www.betterworld.com).

## **Environmental Radio**

National Public Radio:

Living on Earth (WBUR 90.9 FM; Sunday morning at 7:00 a.m.): [www.loe.org](http://www.loe.org)  
If that's too early, you can subscribe to the podcast. There are other environmental podcasts offered, such as NPR Environment, which bundles all environmental news presented on WBUR (the url is: <http://www.npr.org/rss/podcast.php?id=1025>). Visit the NPR Podcast Directory at [http://www.npr.org/rss/podcast/podcast\\_directory.php?type=topic&value=1025 - podcast1025](http://www.npr.org/rss/podcast/podcast_directory.php?type=topic&value=1025-podcast1025)